

## CAREER CENTRAL

Career Central is the centralized hub of career communities, resources, and content to support students in all career exploration and professional planning. [careercentral.pitt.edu](http://careercentral.pitt.edu)

## HANDSHAKE

Handshake is Pitt's comprehensive career services platform and the hub for all things college to career—jobs, internships, career fairs, events, and more. This is also your first stop to set up an appointment with the Internship Team and Career Consultants to discuss specific questions regarding your career journey. The platform is designed to be streamlined and provide career information tailored to personalized interests and goals. Access through the [my.pitt.edu](http://my.pitt.edu) portal or at [pitt.joinhandshake.com/edu](http://pitt.joinhandshake.com/edu)

## EXPLORATION AND DISCOVERY

Career consultants can assist students in learning more about their career options. There are several resources available to students such as:

- [What Can I Do With This Major](#) sheets
- YouScience
- Kuder Career Journey

Available at [studentaffairs.pitt.edu/cdpa/resources](http://studentaffairs.pitt.edu/cdpa/resources)

## DOCUMENT ASSISTANCE

Resumes and cover letters are reviewed by career consultants, internship specialists and graduate interns. **Online Resume Review Resource - VMOCK:** [vmock.com/pitt](http://vmock.com/pitt)

Students may have documents reviewed by:

- Scheduling with their career consultant through **HANDSHAKE**
- Utilizing drop-in/office hours
- Emailing [careers@pitt.edu](mailto:careers@pitt.edu) for first available staff

The University's writing center is strongly encouraged for students struggling with wording and grammar.

## INTERNSHIP, JOB SEARCH, AND INTERVIEW

In addition to utilizing Handshake and career related events, students are encouraged to use additional resources provided by the Career Center, such as:

- **Buzzfile**, a company database: [studentaffairs.pitt.edu/search/Buzzfile](http://studentaffairs.pitt.edu/search/Buzzfile)
- **Going Global**, job, internship, and cultural resources for international and domestic students: [Pitt Access to GoInGlobal](#)
- **BigInterview**, an online mock interview: <https://pitt.biginterview.com>

## SKILL BUILDING

[my.pitt.edu](http://my.pitt.edu) portal

- **The Outside the Classroom Curriculum (OCC)** is a great way for students to obtain the skillset employers are seeking. Curriculum is accessible on Suitable via the [my.pitt.edu](http://my.pitt.edu) portal.
  - **Career Readiness Guide** which teaches students about professionalism, communication, critical thinking, career management, and more.
- **LinkedIn Learning** is on the portal as well and is perfect for learning industry specific skills, such as project management.

## MAKING CONNECTIONS

The employer relations team provides numerous opportunities for students to connect with employers and alumni, (all posted on Handshake) such as:

- **Information sessions**, lunch 'n learns, site visits.
- **Networking nights**, career fairs, and more!
- **Alumni in Residence** offer appointment availability and workshops on a diverse range of topics.
- **Pitt Commons** is also a great resource for students to build a network and seek advice from alumni. The platform can be accessed via the [my.pitt.edu](http://my.pitt.edu)

## STUDENT AFFINITY GROUPS

Affinity Groups are Identity-focused communities which provides relevant resources and content including industry insights on employers who prioritize diversity, equity and inclusion, tips and tools for the job search and interviewing process, and much more: [Affinity Community – Pitt Career Central | University of Pittsburgh](#)

## CAREER CENTER STAFF

Who is who in the Career Center? [ABOUT | Student Affairs \(pitt.edu\)](#)

Staff Bios and Contact Information [Contact + Team - Pitt Career Central | University of Pittsburgh](#)

Further Resources: [Resources - Pitt Career Central | University of Pittsburgh](#)

## UNIVERSITY COUNSELING CENTER

The University Counseling Center (UCC) is committed to supporting students in attending to their emotional well-being and thriving during their college years and beyond. The UCC is the primary mental health service provider for undergraduate and graduate students enrolled at the University. Our mental health services – which utilize a short-term, solution-focused approach—include assessment, individual and group psychotherapy, and case management services. To get started, please contact (412) 648-7930. [counseling.pitt.edu](http://counseling.pitt.edu)

## OFFICE OF INCLUSION AND BELONGING

The Office of Inclusion and Belonging is a hub of campus activity. Located on the 6th floor in the WPU, they advise some of the most active student organizations on campus, provide leadership development opportunities and offer dynamic programming in the areas of diversity and culture, social justice, and Fraternity & Sorority life. For more information, visit [studentaffairs.pitt.edu/office-of-inclusion-and-belonging](http://studentaffairs.pitt.edu/office-of-inclusion-and-belonging)

## PITTSERVES

PittServes is a university-wide initiative that engages students in meaningful service to the community on a local, national and international scale. Sustainability, education and community development initiatives allow students to increase student community service and broaden our impact as a university. Visit the **Volunteer Portal** to get involved: [pittserves.pitt.edu](http://pittserves.pitt.edu)  
**Pitt Pantry:** [studentaffairs.pitt.edu/pittserves/the-pitt-pantry](http://studentaffairs.pitt.edu/pittserves/the-pitt-pantry)

## FINANCIAL WELLNESS

Student Resources:

- **Office of Admissions & Financial Aid:** [financialaid.pitt.edu](http://financialaid.pitt.edu)
- **University of Thriftsburgh:** [sustainable.pitt.edu/student-organizations/university-of-thriftsburgh](http://sustainable.pitt.edu/student-organizations/university-of-thriftsburgh)
- **Career Center Career Closet:** [studentaffairs.pitt.edu/cdpa/career-closet](http://studentaffairs.pitt.edu/cdpa/career-closet)
- **Financial Wellness Center** assist students in creating a financial plan that supports their overall well-being both in college and after graduation. They discuss topics such as budgeting, campus resources, student loan repayment, and more. [financialwellness.pitt.edu](http://financialwellness.pitt.edu)

## GLOBAL HUB

The Global Hub is a student-centered, University-wide resource, advising, and engagement center that enhances students' educational experience with an international and global focus. Located in Posvar Hall. [globalhub.pitt.edu](http://globalhub.pitt.edu)

## TITLE IX OFFICE

The University of Pittsburgh encourages all members of our community to report incidents of sexual harassment or misconduct. Students can contact the Title IX office directly, or may report using the form [titleix.pitt.edu/report](http://titleix.pitt.edu/report) which allows for anonymous reports. **Sexual Harassment and Assault Response and Education:** [SHARE.pitt.edu](http://SHARE.pitt.edu)

## STUDY LAB

Study Lab's programs and resources are designed to support students' journey to academic success. Appointments for peer tutoring and academic coaching are available Monday through Friday both in-person and virtually. [asundergrad.pitt.edu/study-lab](http://asundergrad.pitt.edu/study-lab)

## ADDITIONAL RESOURCES

**Office of International Services**  
[ois.pitt.edu](http://ois.pitt.edu)

**Office of Veteran Services**  
[veterans.pitt.edu](http://veterans.pitt.edu)

**SORC (student organization directory)**  
[sorc.pitt.edu](http://sorc.pitt.edu)

**Honors College & Scholarship Advising**  
[honors.pitt.edu](http://honors.pitt.edu)

**Interprofessional Center for Health Careers**  
[prehealth.pitt.edu](http://prehealth.pitt.edu)

**Disability Resources and Services**  
[diversity.pitt.edu/disability-access/disability-resources-and-services](http://diversity.pitt.edu/disability-access/disability-resources-and-services)

**Thrive@Pitt**  
[thrive.pitt.edu](http://thrive.pitt.edu)