

ALLEGHENY COUNTY LGBTQ RESOURCE GUIDE

The following resources are a sampling of the primary organizations supporting the LGBTQ community in Allegheny County. The resources are organized into the following categories:

- Community Support Services
- Crisis Services
- Legal Services
- Physical and Mental Health Services
- Spirituality
- Additional Web Resources

COMMUNITY SUPPORT SERVICES

Dreams of Hope - Queer Youth Arts Program

Through the power of the arts, Dreams of Hope provides the region's lesbian, gay, bisexual, trans*, queer, and allied (LGBTQA) youth a welcoming environment to grow in confidence, express themselves, and develop as leaders. Their creative contributions educate audiences, build awareness, and increase acceptance.

<http://www.dreamsofhope.org/>

Garden of Peace Project

Garden of Peace Project was created to uplift, uphold, and empower the narratives and lived experiences of LGBTQIA+ individuals and to address the lack of education, employment, healthcare, and housing, and the violence that impacts all LGBTQIA+ individuals. Current programs and services include: Creative Arts, Community Engagement, Community Education, Food and Clothing Pantry, Holistic Health, Journey Initiative, Needle Exchange, and (Trans)ition Project.

(412) 879-0477

<http://www.gardenofpeaceproject.org/>

New Voices Pittsburgh

Our mission is to build a social change movement dedicated to the health and well-being of Black women and girls through leadership development, Human Rights and Reproductive Justice. Our vision is to achieve the health and complete well-being of Black women and girls, our families and communities.

<http://www.newvoicespittsburgh.org/>

Parents and Friends of Lesbians and Gays, Inc. (PFLAG)

PFLAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights.

(412)833-4556

info@PFLAGPgh.org

<http://www.Facebook.com/PFLAGPgh>

Pittsburgh Equality Center (Formerly the Pittsburgh Gay and Lesbian Community Center)

The Pittsburgh Equality Center (PEC) provides gay, lesbian, bisexual and transgender (LGBT) individuals, their families and supporters in Western Pennsylvania with resources and opportunities to promote visibility, understanding, and equality within the LGBT communities and the community at large. The PEC will work toward these goals through education, social support, networking, and advocacy.

210 Grant Street

Pittsburgh, PA 15219

(412)422-0114

info@glcc.org

<http://www.pghequalitycenter.org/>

<https://www.facebook.com/glccpgh>

Project Silk

Project Silk is an innovative program directed towards African American and Latino young men and African American and Latina young transgender women between the ages of 13 and 29 in the Pittsburgh Metropolitan Area.

www.projectsilk.org

bra25@pitt.edu

TrevorSpace

TrevorSpace is a social networking site for lesbian, gay, bisexual, transgender and questioning youth ages 13 through 24 and their friends and allies.

www.trevorspace.org

CRISIS SERVICES

re:solve Crisis Network

re:solve provides round-the-clock, mental health crisis intervention and stabilization services for residents of Allegheny County in Pennsylvania. Contact re:solve Crisis Network 24 hours a day, 365 days a year:

- **Telephone:** Call any time and speak with a trained counselor at 1-888-YOU CAN (1-888-796-8226).
- **Mobile dispatch unit:** Our trained crisis counselors will travel to where you are - anywhere in Allegheny County.
- **Walk in:** You don't need an appointment when you visit our North Braddock Avenue location. Just walk in and talk about your concerns or those of a family member or friend.
- **Residential services:** Accessible for individuals ages 14 and older whose crisis extends over a period of time. We provide up to 72 hours of residential services at our North Braddock Avenue location.

1-888-7-YOU CAN

(1-888-796-8226)

333 North Braddock Ave.

Pittsburgh, PA 15208

<http://www.upmc.com/Services/behavioral-health/Pages/resolve-crisis-network.aspx>

The Trevor Project

The mission of The Trevor Project is to end suicide among gay, lesbian, bisexual, transgender and questioning young people through four strategies: Provide crisis counseling to LGBTQ young people thinking of suicide. Offer resources, counseling and community to LGBTQ young people. Educate adults who interact with young people on LGBTQ-competent suicide prevention, risk detection and response. Advocate for laws and policies that will reduce suicide among LGBTQ young people.

24 hour suicide hotline: **(866)488-7386**

www.thetrevorproject.org

Trans Lifeline

Trans Lifeline is a non-profit dedicated to the wellbeing of transgender people. They run a hotline staffed by transgender people for transgender people. This line is primarily for transgender people experiencing a crisis. This includes people who may be struggling with their gender identity and are not sure that they are transgender. While their goal is to prevent self-harm, they welcome the call of any transgender person in need. They will do their best to connect the caller with services that can help them meet that need. If someone is not sure whether they should call or not, please call.

This is a FREE helpline run by volunteers and supported by the community.

1-877-565-8860

<http://www.translifeline.org/>

LEGAL SERVICES

ACLU (American Civil Liberties Union)

“The mission of the ACLU LGBT Project is the creation of a society in which lesbian, gay, bisexual and transgender (LGBT) people enjoy the constitutional rights of equality, privacy and personal autonomy, and freedom of expression and association.”

www.aclupa.org/chapters/greaterpittsburgh

(877)PGH-ACLU

pghinfo@aclupa.org

Allegheny County Human Relations Commission

“The Human Relations Commission was established in order to assure that all persons regardless of race, color, religion, national origin, ancestry or place of birth, sex, gender identity or expression, sexual orientation, disability, marital status, familial status, age or use of a guide or support animal because of blindness, deafness or physical disability enjoy the full benefits of citizenship and are afforded equal opportunities for employment, housing and use of public accommodation facilities.”

HRC@alleghenycounty.us

<http://www.alleghenycounty.us/HRC/index.aspx>

City of Pittsburgh Commission on Human Relations

“The Pittsburgh Commission on Human Relations (CHR) investigates complaints of alleged discrimination in employment, housing, and public accommodations within the City of Pittsburgh on the basis of race, religion, family status (housing), age, ancestry, national origin, place of birth, sex, sexual orientation, gender identity or expression and handicap or disability.

www.pittsburghpa.gov/chr/about-us

Human.Relations@pittsburghpa.gov

(412)255-2600

Persad Center’s Community Safe Zone

Advocating on behalf of people who have faced LGBT-biased discrimination or have been the victim of a hate-motivated crime.

(412)518-1515

thoover@persadcenter.org

Women’s Law Project

“The Women’s Law Project strives to provide children of gay and lesbian parents with the same rights as children of heterosexual parents. To this end, the WLP has represented *amicus curiae* in support of the adoption and custody rights of lesbian parents and convened the Pennsylvania Council on Second-Parent Adoption, which monitors adoption procedures involving lesbian and gay families.”

infopitt@womenslawproject.org

(412)281-2892

www.womenslawproject.org

www.facebook.com/womenslawproj

MENTAL AND PHYSICAL HEALTH SERVICES

Center for Adolescent and Young Adult Health – Children’s Hospital of Pittsburgh of UPMC

The Center for Adolescent and Young Adult Health (CAYAH) offers GLBTQIA-friendly care. We offer physical care, Trans* care, gynecological care, STD testing and treatment, Trans* counseling, mental health counseling, social work services, and nutrition services.

The Gender and Sexual Development Program is an integrated and coordinated collaboration of the [Division of Adolescent and Young Adult Medicine](#), [Pediatric Endocrinology](#), and [Behavioral Health](#). The program serves children and youth (up to age 26) with questions around gender and sexual identity development, gender non-conforming behaviors, and transgender care. We provide thorough clinical assessments, promote shared decision making around treatment options, and connect our patients and families to relevant resources and supports in our community. We are also actively involved in advocating for safe, inclusive policies in health care settings and the workplace.

(412)692-6677 (ask specifically for “gender care”)

<http://www.chp.edu/CHP/adolescent+medicine+gender+sexual+development+program>

Directory of LGBT-Competent Health Care in Western PA

<http://pflagpgh.weebly.com/medical-directory.html>

Metro Community Health Center

Metro Community Health Center (MCHC) exists to serve the needs of our patients. We provide comprehensive health care to all individuals regardless of their ability to pay, with physicians who specialize in family practice, geriatrics, women’s health, family-centered maternity care as well as holistic and integrative care and HIV and LGBT comprehensive care.

(412)247-2310

www.mhccpgh.org

PERSAD CENTER

PERSAD CENTER is a human service organization whose mission is to improve the well-being of the LGBTQ (lesbian, gay bisexual, transgender, queer and questioning) communities, and the HIV/AIDS communities. Founded in 1972, PERSAD was created as an affirming counseling center to help LGBTQ people cope with the social discrimination they experienced and to receive professional counseling services without prejudice about their identity.

(888) 873-7723

www.facebook.com/PersadCenter

www.Twitter.com/PersadCenter

www.persadcenter.org

Allies for Health + Wellbeing (Formerly the Pittsburgh AIDS Task Force)

We are dedicated to supporting and empowering all individuals living with HIV/AIDS and preventing the spread of infection.

(412)345-7456

www.alliespgh.org

Planned Parenthood of Western Pennsylvania

The mission of Planned Parenthood of Western PA (PPWP) is to provide comprehensive and complementary health care to those in need of services; disseminate information about human sexuality and the need for family planning and responsible parenthood; and advocate public policies which guarantee these rights and ensure access to such services.

(412)434-8957

www.plannedparenthood.org/planned-parenthood-western-pennsylvania

SPIRITUALITY

Welcoming and Affirming Congregations and Communities

PFLAG Pittsburgh has compiled a resource list to assist the GLBT community and its allies seeking spiritual enrichment with the listed faith and spiritual communities.

<http://pflagpgh.weebly.com/spiritual-directory.html>

ADDITIONAL WEB RESOURCES

Family Acceptance Project

The Family Acceptance Project™ is a research, intervention, education and policy initiative that works to prevent health and mental health risks for lesbian, gay, bisexual and transgender (LGBT) children and youth, including suicide, homelessness and HIV – in the context of their families, cultures and faith communities. We use a research-based, culturally grounded approach to help ethnically, socially and religiously diverse families to support their LGBT children.

<http://familyproject.sfsu.edu/>

Lambda Legal

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work. Lambda Legal has partnered to create excellent resources for human services professionals that outline best practices for working with youth and families.

www.lambdalegal.org

Human Right Campaign

The Human Rights Campaign is organized and operated for the promotion of the social welfare of the lesbian, gay, bisexual and transgender community. By inspiring and engaging individuals and communities, HRC strives to end discrimination against LGBT people and realize a world that achieves fundamental fairness and equality for all. HRC has many resources available to support youth and families in the child welfare system.

<http://www.hrc.org/>

National Center for Transgender Equality

Dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment.

www.transequality.org

National Center for Lesbian Rights

NCLR's programs focus on employment, immigration, youth, elder law, transgender law, sports, marriage, relationship protections, reproductive rights, and family law create safer homes, safer jobs, and a more just world.

www.nclrights.org

PFLAG National

Coming Out Help for Families, Friends and Allies

<http://community.pflag.org/page.aspx?pid=539>